Swimming Carnival
Last Friday’s Swimming Carnival was again a great success.
Firstly I want to acknowledge that carnivals like this just don’t happen. There is always a lot of organisation and lots of people required to make it all happen.
To everyone who worked so hard to make the day so successful (from the organisers, the teachers who had a number of different jobs, all the parents who helped officiate, those of our support staff who were able to attend, the members of the P&C who looked after the teachers and helpers, Parents grandparents and friends who attended as supporters and of course the children who were on the whole, extremely well behaved and enjoyed themselves, we say a big thank you.
The day was quite warm and hopefully the children listened to the constant reminders about being sun-safe and didn’t get sun-burnt. Hopefully everyone had a very enjoyable day.
Congratulations to all the students who displayed support for their House teams and to Mitchell House for becoming the eventual winners in the House competition. Just like all the races there is always a winner and it’s fantastic for them but it is important for everyone else to feel proud that they took part and tried hard. After all there wouldn’t be a race without others who get in try hard and have a go.
The carnival is a reminder of the importance of all children learning how to swim. Not so they can swim competitively but so they have the competence to be able to swim and enjoy the many recreational opportunities they could come across in their life-time and be safe to get in the water. Schools help to share this responsibility but to get lots of chances to become a good swimmer, parents need to take an active role.
One of our alert teachers had to rescue a student having difficulty in the pool, and we always have people there to be life-savers if needed. This though, is a situation that should never have to happen. The microphone from the pool also went in the water at this time but the outcome for it was a sad one. You can replace a microphone but you cannot put a price on a young life. Thank you to our life-saver and the outcome for the student was a good one.

2016 NAPLAN Timetable
The following timetable applies to both Year 3 and Year 5 students at our school.

10th May  Test Day: Language Conventions and Writing
11th May  Test Day: Reading
12th May  Test Day: Numeracy
13th May  Last Day for students to complete catch-up tests.
Speech and Occupational Therapy
We welcome Rachel Hampshire to our school as our new Speech Therapist for this Year. Rachel will travel to Wellington from Mudgee to work with Kindergarten classes approximately on a fortnightly basis and will work with students on Mondays. The school pays for this service but if some cases require individualised assessment this will only be done on a user-pay system.
We are also hoping to have Marathon Health come on board to offer the preschool a speech therapy service based on need and the successful referrals that are submitted. Marathon Health will offer a limited service but it will be free of charge.
Mardi Taylor will again support the school with an Occupational Therapy service based on referrals through our Learning Support team.

Non-Violent Crisis Intervention Response Team
Last Year the whole of staff were involved in training in NCI training to understand the philosophy for attempting to de-escalate a situation prior to it developing into a violent episode.
A further one day training was required for members to be part of a response team to act in times of violent activity between students. The team has now been trained.
This team is to consist of teachers, support staff and the executive team. They are yet to discuss operational systems as to how this response team will in fact respond, should the circumstances arrive.

Agreement With Charles Sturt University (CSU)
We have a professional responsibility to support university students when they are wanting to become teachers so there are times when we are asked to take trainee teachers and we do this where we can.
Commencing on 16th March we have agreed to take 5 pairs (ten student teachers) in their first year, for classroom observations, one day a week over a period of eight weeks. On this occasion these CSU students will be placed by the university into KG, KP, KR, 1L and 2W.

School Photo Day
This year we have changed photographic companies in response to feedback from previous companies. Master School Photographers is a company chosen by many schools and have been in business for a very long time. Like all companies, if they are to stay competitive, strive to have something unique and have the most modern technologies. Our day is Monday week, 7th March. Please don’t forget your orders and we ask that everyone be in full school uniform. We are having our photos earlier this year so all students will be in their summer uniforms.

Boulders Delivered
Our Ngaguwyn-Guwal committee had sandstone boulders delivered last week to have them placed around the yarning circle on the grassed area up near Block A. These large rocks have been placed to define the area and we will see additional plantings before the area nears completion. This committee has continuous plans to enhance community engagement and bring cultural learning experiences to our students – “All together” (the translation of our committees name) the committee’s members are doing a great job.
Director Public Schools NSW
Mr Michael Cronk has retired from this position and will be replaced by Mr Denis Armstrong. Mr Armstrong is likely to start in this position when he can be released from his current position in Moree. This term we have Mr Glenn Stewart relieving as our Director. Glenn has come out of retirement to relieve in this position having only retired as a Director himself, last year. Mr Stewart will pay his first official visit to our school tomorrow.

The School Band
We would like to thank Mrs Marlene (Chick) Jones for her ongoing support of all things musical in our school, the boys and girls who have again committed to learn an instrument to be in the band, The parents who are also committing and offering their moral and financial support and the members of the Parents and Citizens Association for their vision has long-term goals for our school. The Band is looking stronger for the support it has so let’s hope it continues it’s momentum for it is one of many programs that is on offer to the students at our school and it is valued very much.

A Reminder and an Invitation
Next Wednesday is 2\textsuperscript{nd} March, 2016 and on this evening new members (as is the case always) are invited to attend the meeting of the School’s Parents and Citizens Association. Meetings start at 6:30 pm and are held in the staffroom next door to the main office area. If we have lots of people in attendance we can move upstairs to the library. It is always nice to see new members so please come along and join the team. These are people who take an active supportive role of the school and it is an excellent way to feel part of an important contribution to the school community.
To hear what is going on, join in the planning for the year and have your voice to help improve our school, the school that needs to be so important for your children.

Principle
Denis Anderson
Welcome to Week 5 of Term 1!!

Just a reminder to our families that school photos are being taken on Monday 7th March. You each should have received an envelope to order photos in your note pockets. Please have your money and envelopes back to us before the day of photos. If you have misplaced your envelope please see a staff member. For those children that aren’t at preschool on the 7th March we are hoping to be the first group to have photos taken on the day so you will be able to bring your children along first thing and have their photos taken—we will confirm this so all our preschool children can be a part of our 2016 photos.

Operating Times Children are able to be dropped off at 8:55am to start the Preschool day. If you are a working parent/carer, you can make arrangements to drop your child off at 8:45am - please see a staff member to confirm this.

Our day at Preschool ends at 2:30pm. While we endeavour to be ready by 2:30pm, some days we may run a little late. Staff will open the front door when the children are ready to be collected.

Sun Protection As children are playing outside in the mornings, we ask that parents/carers apply sunscreen to the children prior to bringing the children outside to play. Sunscreen is provided in the foyer near the sign in book for you to use. We do provide a bucket hat for children at preschool, but if you would like to provide your own, please make sure it is a bucket style hat to protect their ears and necks.

What to pack??

- A change of clothes
- A water bottle
- Morning tea and lunch

Chips, chocolate and lollies are examples of food that are not suitable for preschool and children will be asked to eat them when they go home. If your child’s lunch box needs to be placed in the fridge, please place it on the kitchen bench.

A piece of fruit or a vegetable – we have a fruit bowl that is located on the kitchen bench. Please place your child’s piece of fruit or vegetable in the bowl and we will cut and prepare these items on a platter for all children to share at morning tea time. Children will then eat morning tea items from their lunch box.

Preschool Staff - Allison, Lyn, Cheryl, Catherine & Kylie

Preschool Birthdays in February

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
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<tbody>
<tr>
<td>Jack</td>
<td>5th</td>
</tr>
<tr>
<td>Memphis</td>
<td>15th</td>
</tr>
</tbody>
</table>
We enjoyed our week at Preschool!!

We had a special visitor drop in to say hi!!
Akuila Uate from the Newcastle Knights!!!!

Water play is a favourite on these hot days.

We made some playdough and there were many helpers.

We met the Dollarmite man.

Arts and craft time with Miss Lyn.

Fruit Time!!
We love eating our fruit for morning tea.
Date – Wednesday, 2nd March
Place - Staff room
Time – 6.30pm

Followed by a General Meeting
with some of the items on the agenda being:

Easter raffles/events - including a Cadbury chocolate raffle fundraiser for The School Band
Mother’s Day events - Morning tea & the Mother’s Day stall
And
Follow up discussion on the beautification of the School grounds.

PLUS a few other items as well!
Warriors Training for ALL the age divisions on Thurs 25 Feb & Thurs 3 March. 5:00pm @ Pioneer Park. If you're interested in playing in a Wellington Warriors team (in Dubbo District comp) this season in 10s, 11s, 13s, 15s or 17s it's important you get along to these training sessions, as what teams we nominate will be based on the number of kids at training.

**UNIFORM INFORMATION**

The New uniform – Sports Shirt and Shorts / Track pants will be the Wellington Public School uniform, however there is a 3year transitioning period and the other uniform is still available.

**KINDERGARTEN ENROLMENT FORMS FOR 2016**

Please ensure that you have your 2016 Kindergarten enrolment forms handed into the office ASAP
Mark Stewart

Beating Around the Bush
from the Djembe to the Digital Drum

THE WORKSHOP:
In 2015 Mark Stewart and his co-presenter Tony Azzopardi celebrated 26 years of presenting "Drumbeat -
The Art of Hitting Things!" to schools throughout Australia - over 10,000 shows and almost a million happy
and thrilled students! This show has inspired budding musicians all over the continent, many of whom have
gone on to achieve international success.
Mark Stewart's dynamic new solo show "Beating Around the Bush!" features a huge array of percussion
instruments along with the very latest of state-of-the-art electronic drums and percussion available today. The
star of this show is the Roland TD30KV, the revolutionary professional electronic drum kit, and also features
the Roland SP3200 Digital Percussion Octapad and the astonishing hand-played Percussion Pad Handiontic
HD20. As well as dozens of hand drums and percussion instruments, Mark will demonstrate electronic sound
effects and whole ensemble ethnic musical effects such as African, Indian, Chinese, Pacific and Caribbean
Island, Orchestral, Trashy metal junk-yard as well as tuned percussion (Xylophone, Vibes, Glockenspiel,
Waterphones, pot drums, gongs) and a huge array of dramatic and cartoon soundtrack effects.

THE PERFORMER Mark Stewart has toured Drumbeat: The Art of Hitting Things around Australia for the past twenty
years. Mark is an experienced session percussionist whose work has featured in advertisements, films and documentaries.
He has toured with Maria Hines and worked with Genesis, Pink Floyd, Phil Collins, Headie Hancock and Split Enz. Mark
and all the 'drumcats' featured on the steps of the Sydney Opera House for the grand final of the TV hit Australian Idol
backing the finalists to a television audience of 17 million.

<table>
<thead>
<tr>
<th>Cross Curriculum</th>
<th>Multimodal Texts</th>
<th>Curriculum Links</th>
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</thead>
<tbody>
<tr>
<td>(3) Sustainability - Social</td>
<td>(A) Audio</td>
<td>MUSIC identifies music from different times &amp; places - explores styles from other cultures</td>
</tr>
<tr>
<td></td>
<td></td>
<td>HSIE identifies customs &amp; traditions of others</td>
</tr>
<tr>
<td></td>
<td></td>
<td>MATHS investigates &amp; describes number patterns</td>
</tr>
</tbody>
</table>

WHEN: Monday, 29th
February (WEEK 6) WHERE:
WPS Gould League Hall
COST: $5 per student

I give my child/ren ______________________ of class ______________________

____________________ of class ______________________

____________________ of class ______________________

permission to attend the performance of Beating Around the Bush on 29/02/16.

I have enclosed $5 per child.  Signed: ______________________
School Photo Day is

Term 1, Week 7
Monday 7\textsuperscript{th} March 2016

\begin{itemize}
  \item Envelopes to go home today.
  \item Return with money enclosed to the office asap.
  \item Family photo envelopes are separate and need to be collected from the office.
\end{itemize}
FREE SINGING SKILLS DEVELOPMENT WORKSHOP for PRIMARY STUDENTS Yrs 3-6
with Michelle Leonard, Moorambilla Voices and members of The Song Company
TUESDAY 8 MARCH 4.00pm-5.15pm
Macquarie Conservatorium, Dubbo
An exciting opportunity for students to
SING, COMPOSE, MOVE, CREATE

Led by award-winning singer, conductor and inspirational Artistic Director
MICHELLE LEONARD
as seen in ABC documentary "OUTBACK CHOIR" &
the feature length film "WIDE OPEN SKY"

No previous singing experience is necessary to benefit from this workshop –
this is an educational and cultural activity that will get every student
energized, thinking and SINGING! From this workshop, a small number of
students with interest and potential may be offered a place in Moorambilla
Voices, a Regional Children's Choir, with performance in September. If offered
a place in Moorambilla Voices, fees will apply - note all places are already
subsidised. More info: www.moorambilla.com

PLEASE COMPLETE A REGISTRATION & PERMISSION FORM AND BRING WITH YOU TO THE
WORKSHOP: so you can be contacted if offered a place in the Moorambilla Voices program
REGISTRATION FORM
PARENTS: PLEASE COMPLETE AND HAND IN AT THE WORKSHOP
No need to return earlier
FREE SINGING SKILLS DEVELOPMENT WORKSHOP
PRIMARY STUDENTS Yrs 3-6
With Michelle Leonard – Moorambilla Voices
and members of The Song Company
TUESDAY 8 March 4.00pm-5.15pm
Macquarie Conservatorium, cnr Darling & Bultje Streets
We need these details so you can be contacted if your child is offered a place in the Moorambilla Voices program

<table>
<thead>
<tr>
<th>Student's name</th>
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</thead>
<tbody>
<tr>
<td>School</td>
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<tr>
<td>Date of birth</td>
</tr>
<tr>
<td>Parent's name</td>
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<tr>
<td>Home Address</td>
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<tr>
<td>Phone</td>
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<tr>
<td>Email</td>
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MEDIA PERMISSION REQUIRED
Due to media coverage of the Moorambilla Tour, all students at this workshop must have signed permission as below in order to take part in this workshop. Student without signed permission from their parents may not take part.

SIGNATURE /PERMISSION This must be signed by parent or guardian
I give my permission for my child, named above, to take part in this activity and give my permission for my child to be photographed, videoed and/or interviewed at this activity, and for these to be used for publicity and archival purposes by Macquarie Conservatorium and Moorambilla Voices.

Signed: ____________________________ Date: ____________________

PLEASE PRINT Parent/guardian's name
Dear Parents/Carers,

Your son/daughter has indicated that they are interested in participating in Sporting Schools that will be operating at school on Mondays, Wednesdays and Thursdays this term. The program will run from weeks 5-9. **Please ensure that your child is picked up on time.**

There will be no costs involved for students who attend the Sporting Schools activities. Fruit will NOT be provided.

Please note that poor behaviour at these Sporting School activities **WILL NOT BE TOLERATED.** If your child receives three written warnings about their poor behaviour, you will be contacted to come and collect your child and they will no longer be allowed to participate in Sporting Schools.

Please complete the attached reply slip to give permission for your child to participate in Sporting Schools program. Please take the time to discuss behaviour expectations at Sporting Schools with your child. Return to the office ASAP.

Yours Sincerely,
Mr Joshua Bullock
Sporting Schools Coordinator

---

I give permission for __________________________ to participate in the Wellington Public School Sporting Schools program on

(PLEASE CIRCLE WHAT DAY OR DAYS YOU WISH TO PARTICIPATE)

Monday, Wednesday and Thursday.

I understand that poor behaviour will not be tolerated at Sporting Schools and will result in formal warnings and your child will possibly no longer be able to participate in the program.

Emergency Contact information

Parent Caregiver’s name __________________________
Contact number: __________________________
Allergies (if any) __________________________
Medicare number __________________________

Signed: __________________________  (parent/caregiver) Date: __________________________
Sporting Schools activities will be recommencing in WEEK 5 at school from 2.45pm - 3.45 on Mondays, Wednesdays and Thursdays this term. Children are asked to meet the Sporting Schools coaches under the COLA straight after the home time bell.

Schooling School Schedule for Term 1

**WEEK 5 - 9**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>2.45-3.45</td>
<td>2.45-3.45</td>
<td>2.45-3.45</td>
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<tr>
<td>Volleyball</td>
<td>Rugby</td>
<td>Netball</td>
</tr>
</tbody>
</table>

Thank you for your support,
Joshua Bullock
Sporting Schools Coordinator

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**The simplest way to eat more fruit and veg.**

Here are a few ideas for how to make eating the recommended 2 serves of fruit and 5 serves of veg easier:

- **Canned and frozen fruit count.** Stay healthy with canned fruit in juice not syrup, and canned veg with no added salt.
- **Legumes are vegetables too.** Try adding dried peas, beans and lentils to meals.
- **Juice only counts once.** 125ml of 100% fruit or vegetable juice is 1 serve, but doesn’t contain the fibre of chopped fruit and veg. Water is the ideal drink.
- **Dried fruit only counts once.** A small box of sultanas or 4 dried apricots equals one serve – but don’t go overboard on dried fruit.
- **A little and often.** Children may eat more if you offer smaller serves more times a day.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit
Australia in the Great War

Commemorative Coin

To commemorate the service and sacrifice of the hundreds of thousands of men and women who fought in World War One and to coincide with the 100-year anniversary of the Gallipoli landing, Wellington Public School will be selling commemorative coins as a keepsake of those who fought for our country.

The coins can be purchased at the Wellington Public School front office for $5 each, with all profits from the sales going to the SOLDIERON charity, a wonderful organization that helps current service men and women to overcome physical and emotional challenges caused by experiencing war.

Thank you for supporting Soldier On and helping our current service men and women to overcome the many physical and emotional challenges that war delivers.

www.soldieron.org.au
www.australiagreatwar.com.au

We commemorate the service and sacrifice of the hundreds of thousands of Australian men and women who fought in, died because of, and lived through, the First World War.
Family School Photo

Deluxe Pack $30

1x8"x10"
3x6"x7"
3x3"x3.5"

Value Pack $25

2x4"x6"
4x2.5"x3.5"

Standard Pack $20

1x8"x10"
2x3"x3.5"

Gift Pack $14

 Separate envelope to be collected from office
YOU NEED A BAG TO BORROW!

Please remember that a library bag is required to borrow for home each week. This helps our students become more responsible by needing to remember their bag and helps them to take care of our schools books. Any bag will do and we have some wonderful bags for sale in the school office for $8.00 each.

BORROW 7 BOOKS and receive a prize!

WORLD READ ALOUD DAY

Wednesday 24th February 2016

Please spend some time with your children reading aloud tomorrow!

We will be learning more about this event in the library this week. Unfortunately we are not registered this year but we can still recognise this event by spreading its important message.

Thank you
Mrs Fitzsimmons.
Stay in touch with the Wellington PS app.

Free download available for android (google play) and apple OS (Apple app store)

THE APP CALENDAR IS NOW UP TO DATE..

Use the App Calendar to stay up to date with all the events happening at the School.

BUS ZONE PARKING...
MORNING AND AFTERNOONS

PARENTS ARE ASKED NOT TO PARK IN THE BUS ZONES, IT IS A HUGE SAFETY ISSUE WITH YOUNG CHILDREN GETTING ON AND OFF THE BUSES.

Police will be patrolling the school bus stop during home time. THANKYOU.
## Uniform Order

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<tr>
<th>Description</th>
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<th>Size</th>
<th>Qty</th>
<th>Size</th>
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<th>Size</th>
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<td>$35.00</td>
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<td>CCC Tonal Navy Tracksuit Pant 6-14 S-3XL</td>
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<tr>
<td>Polyester Micro-fibre Navy Tracksuit Pants 4-16</td>
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**Girls Dresses to be voted on in December 2017**

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<td>Girls Winter Tunic 5-14</td>
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**Phasing out Sports shirt by December 2018**

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<th>Qty</th>
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<th>Size</th>
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<tr>
<td>Sky Blue Skivvy 4-12 (while stocks last)</td>
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**Use:**  
Total $ Due

**/Sundry**

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<th>Invoice/Sundry</th>
<th>Amount $ Received</th>
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<tbody>
<tr>
<td>No/s</td>
<td></td>
</tr>
</tbody>
</table>
Wearing of the school uniform as laid out below is compulsory for all students during school hours, while travelling to and from school, on school excursions and whilst representing the school, e.g. ANZAC Day Service, Fistoddfod, Presentation Day etc.

The school uniform consists of navy shorts or skorts and navy tracksuit pants. A navy and sky blue polo top with the school logo embroidered on it.
- A navy and sky blue hoody jumper in the same design as the polo top with the school logo embroidered on it.
- White socks are to be worn with joggers.

SHIRTS*/SHORTS/SKORTS

* A navy long sleeve shirt/skivvy may be worn underneath in Winter for extra warmth

JUMPERS/TRACKPANTS

For further detail and information on how to order see the Wellington Public School Uniform Policy or visit the School Front Office.
### BEFORE SCHOOL

<table>
<thead>
<tr>
<th></th>
<th>SANDWICHES</th>
<th>Sandwich</th>
<th>Roll / Wrap</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milo (warm or cold)</td>
<td>$1.50</td>
<td>Salad</td>
<td>$3.50</td>
</tr>
<tr>
<td>Toasted Sandwich:</td>
<td></td>
<td>Ham &amp; Salad</td>
<td>$4</td>
</tr>
<tr>
<td>Cheese</td>
<td>$1.50</td>
<td>Chicken &amp; Salad</td>
<td>$4</td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>$2</td>
<td>Silverside &amp; Salad</td>
<td>$4</td>
</tr>
<tr>
<td>Chicken &amp; Cheese</td>
<td>$2.50</td>
<td>Chicken, Lettuce &amp; Mayo</td>
<td>$3.50</td>
</tr>
</tbody>
</table>

### ALL DAY SNACKS

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>When available</td>
<td>Ham, Cheese &amp; Tomato</td>
<td>$3</td>
<td>$3.50</td>
</tr>
<tr>
<td>Piece of Fruit</td>
<td>Cheese &amp; Tomato</td>
<td>$2</td>
<td>$2.50</td>
</tr>
<tr>
<td>Watermelon Tubs</td>
<td>Cheese</td>
<td>$1.50</td>
<td>$2</td>
</tr>
<tr>
<td>Grape Cups</td>
<td>Egg &amp; Lettuce</td>
<td>$3</td>
<td>$3.50</td>
</tr>
<tr>
<td>Fruit Salad Tubs</td>
<td>Egg</td>
<td>$2.50</td>
<td>$3</td>
</tr>
<tr>
<td>Yoghurt</td>
<td>Vegemite</td>
<td>$1.50</td>
<td>$2</td>
</tr>
<tr>
<td>Yoghurt &amp; Fruit</td>
<td>Sandwiches can be toasted (free).</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Custard</td>
<td></td>
<td>$1</td>
<td></td>
</tr>
<tr>
<td>Custard &amp; Jelly</td>
<td>Salad contains: lettuce, tomato, cucumber, carrot, beetroot, onion &amp; cheese.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jelly</td>
<td></td>
<td>$1</td>
<td></td>
</tr>
</tbody>
</table>

### SALADS

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chips/JJ’s</td>
<td>Salad Tub; Lettuce, tomato, cucumber, carrot, beetroot, cheese, egg &amp; onion.</td>
<td>$4/$2.50</td>
<td></td>
</tr>
<tr>
<td>Popcorn</td>
<td>Chicken Salad Tub</td>
<td>$5/$3 tub</td>
<td></td>
</tr>
<tr>
<td>Anzac Biscuits</td>
<td>Ham Salad Tub</td>
<td>$5/$3 tub</td>
<td></td>
</tr>
<tr>
<td>Muffins</td>
<td>Silverside Salad Tub</td>
<td>$5/$3 tub</td>
<td></td>
</tr>
</tbody>
</table>

### DRINKS

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Poppers: tropical/pineapple</td>
<td></td>
<td>$1</td>
<td></td>
</tr>
<tr>
<td>Water</td>
<td>Sausage Rolls</td>
<td>$2</td>
<td>$2.50</td>
</tr>
<tr>
<td>Big M Milk: Choc/Strawb</td>
<td></td>
<td>$2</td>
<td>$2.50</td>
</tr>
<tr>
<td>Moove 300ml Choc/Strawb</td>
<td></td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>Slushie</td>
<td></td>
<td>$2</td>
<td>$0.50 each</td>
</tr>
<tr>
<td>Aroona Drinks</td>
<td></td>
<td>$2</td>
<td>$0.50 each</td>
</tr>
<tr>
<td>Juice; orange, apple, apple &amp; blackcurrant, orange &amp; mango, orange &amp; passionfruit</td>
<td>Yummy Drummy</td>
<td>$1 each</td>
<td></td>
</tr>
</tbody>
</table>

### HOT FOOD

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Plain, Potato or Cruizer Pie</td>
<td></td>
<td>$3.50</td>
<td></td>
</tr>
<tr>
<td>Party Pie</td>
<td></td>
<td>$1</td>
<td></td>
</tr>
<tr>
<td>Pizza Single; h&amp;p / c&amp;b</td>
<td></td>
<td>$2</td>
<td></td>
</tr>
</tbody>
</table>

###ICE BLOCKS

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chilli Tender Roll with lettuce &amp; mayo</td>
<td></td>
<td>$5</td>
<td></td>
</tr>
<tr>
<td>Paddlepops</td>
<td>Chicken &amp; Gravy Roll/Beef &amp; Gravy Roll</td>
<td>$4</td>
<td></td>
</tr>
<tr>
<td>Zooper Doopers</td>
<td>Cob of Corn</td>
<td>$2</td>
<td></td>
</tr>
<tr>
<td>Monys</td>
<td>Chicken &amp; Beef Noodle Cups</td>
<td>$2</td>
<td></td>
</tr>
<tr>
<td>Lemonade Icy Twist</td>
<td></td>
<td>$1</td>
<td></td>
</tr>
<tr>
<td>Juice Icy Cups</td>
<td></td>
<td>$1</td>
<td>.50c</td>
</tr>
</tbody>
</table>

Wellington Public School
CANTEEN PRICE LIST
TERM 1 - 2016
All Orders to be in before 9:30 am
All Lunches must be pre-ordered.
**$5 MEAL DEALS**

Term 1

1 February – 8 April 2016

<table>
<thead>
<tr>
<th>Day</th>
<th>Meal Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Chicken Caesar Salad</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Zucchini Slice &amp; Salad</td>
</tr>
<tr>
<td>Wednesday</td>
<td>BLT Bacon/Lettuce/Tomato Roll</td>
</tr>
<tr>
<td>Thursday</td>
<td>Nacho’s Juice Popper or Water</td>
</tr>
<tr>
<td>Friday</td>
<td>Chicken or Cheese Burger</td>
</tr>
<tr>
<td></td>
<td>Juice Popper</td>
</tr>
</tbody>
</table>
“Decisions, decisions…”
A workshop on Supported Decision Making for young people with disability aged 14-18 years and their families and carers

Be part of the first workshop
Thursday 4 Feb 2016
10:00am - 2:00pm at Illawong

To reserve your place
email: sdm@carersnsw.org.au
or contact: 02 9280 4744

Who should attend?
Families and professionals supporting or working with people on the autism spectrum, including carers, direct support staff, managers, educators, people staff, supported employment and allied health professionals.

Each participant receives:
• step-by-step, easy to complete forms to help you write your own autism-specific Positive Behaviour Support plan on the day
• specially designed forms and other tools to use at home or work
• access to a broad range of resources provided through a link to a restricted section of the Aspect website
• help to support the implementation of your PBS Plan, using our Implementation Checklist

You will leave the workshop with greatly increased confidence in your ability to make a difference in environments and situations where there is challenging behaviour.

When: 15th, 16th and 17th March 2016
Where: Orange Ex-Services Club
231-243 Anson St
Orange NSW 2800
Time: 9:30am to 2:30pm
Cost: Free for family members and professionals who attend with a family
All other professionals $600.00
Contact: Sarah Middel
P: 0466 518 747
E: middels@actimspectrum.org.au

Storytime
A free session of stories, rhymes, crafts and fun

Come along and introduce your child to the wonderful world of books.

When: Every Wednesday
Time: 11am
Where: Wellington Library
Ages: Children 0-5
Enquiries: 6845 2156
mri.nsw.gov.au
# Wellington PCYC Time-table

**Will start as of Monday 1st February 2016**

<table>
<thead>
<tr>
<th><strong>Monday</strong></th>
<th><strong>Thursday</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Kindergarten Gymnastics:</strong> 10am to 11am (walking to 5 years) $50 per term (10 weeks)</td>
<td><strong>Kindergarten Gymnastics:</strong> 10am to 11am (walking to 5 years) $50 per term (10 weeks)</td>
</tr>
<tr>
<td>Gymnastics: 3.30pm to 4.30pm (5 years up) $80 per term (10 weeks)</td>
<td>All Sports: 4:10pm to 5pm (5 years up) $4 per session (Dodgeball, Hockey, Soccer, Basketball, Volleyball and Indoor Cricket)</td>
</tr>
<tr>
<td>All Sports: 4:30pm to 5:10pm (5 to 12 years) $4 per session</td>
<td>Indoor Street Hockey: 5pm to 5.50pm (5 years up) $4 per session</td>
</tr>
<tr>
<td>Dodgeball, Hockey, Soccer, Basketball, Volleyball and Indoor Cricket</td>
<td>Judo: 6.30pm to 7pm (6 years up) $5 per session</td>
</tr>
<tr>
<td>Scooter Board Sports: 5.10pm to 6pm (5 to 12 years) $4 per session</td>
<td>Archery: 6pm to 8pm (10 years up) $5 per session</td>
</tr>
<tr>
<td>Archery: 6pm to 8pm (10 years up) $5 per session</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Tuesday</strong></th>
<th><strong>Friday</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Kindergarten Gymnastics:</strong> 11am to 12pm (walking to 6 years) $50 per term (10 weeks)</td>
<td><strong>FridayFunday@PCYC:</strong> 4pm to 6pm (5 to 10 years) Free Activities *</td>
</tr>
<tr>
<td>Gymnastics: 4:30pm to 5:30pm (5 years up) $80 per term (10 weeks)</td>
<td>(This program will run every 2nd Friday)</td>
</tr>
<tr>
<td>Junior Netball: 4pm to 5pm (5 to 12 years) $4 per session</td>
<td><strong>FridayFunday@PCYC:</strong> 5pm to 7:00pm (11 to 15 years) Free Activities *</td>
</tr>
<tr>
<td>Indoor Cricket: 6pm to 6:30pm (5 to 12 years) $4 per session</td>
<td>(This program will run every 2nd Friday)</td>
</tr>
<tr>
<td>Judo: 5:30pm to 7pm (5 years up) $5 per session</td>
<td>* FridayFunday@PCYC will run alternate Fridays for the 5 to 10 years and 11 to 13 years.</td>
</tr>
<tr>
<td></td>
<td>Gymnastics and Kindergarten are booked per term. Casual classes cost $10 per class for Gymnastics and $8 for Kindergarten.</td>
</tr>
<tr>
<td></td>
<td>All participants must be PCYC members</td>
</tr>
<tr>
<td></td>
<td><strong>Wellington PCYC - 69 Gobolion St</strong></td>
</tr>
<tr>
<td></td>
<td>Ph: 6845 2590 E: <a href="mailto:wellington@pcycnsw.org.au">wellington@pcycnsw.org.au</a></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**FridayFunday@PCYC**

**Free Friday Night Activities**

PCYC Wellington is running free Friday night activities and programs for kids aged 5 to 10 years & 11 to 16 years. Age groups will be alternated fortnightly.

**Dates: Term 1**

- 5 to 10 years – 4pm to 6pm*
  - 5th February
  - 19th February
  - 4th March
  - 18th March
  - 8th April
- 11 to 16 years – 5pm to 7pm
  - 12th February
  - 26th February
  - 11th March
  - 1st April

* Must be dropped off/picked up and signed in/out by parent or guardian

**Wellington PCYC - 69 Gobolion St**

Ph: 6845 2590
E: wellington@pcycnsw.org.au

All participants must be or become PCYC members. Membership cost $5.50 for a 12 month membership.